

DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION  
2009-2010 CURRICULUM - KINESIOLOGY

**HEALTH PROMOTION OPTION: WORKSITE HEALTH PROMOTION TRACK**

**COMMON CORE COURSES IN MAJOR**

- \_\_\_ 1 KIN 201 Professions in Kines & Health Promotion
- \_\_\_ 3 KIN 209 Critical Perspectives in Kinesiology
- \_\_\_ 3 KIN 303 Physiology of Exercise (ZOO 235/235L)
- \_\_\_ 1 KIN 303L Physiology of Exercise Lab (ZOO 235/235L)
- \_\_\_ 3 KIN 312 Life Span Motor Development
- \_\_\_ 1 KIN 312A Life Span Motor Develop Activity
- \_\_\_ 3 KIN 425 Tests and Measurements in PE (STA 120)
- \_\_\_ 1 KIN 425A Tests and Measurements in PE Activity (STA 120)
- \_\_\_ 3 KIN 412 Movement Anatomy & Kinesiology (KIN 304/304L)
- \_\_\_ 1 KIN 412A Movement Anatomy & Kinesiology Lab (KIN 304/304L)
- \_\_\_ 3 KIN 453 Principles of Health/Fitness Programs (KIN 303/303L)
- \_\_\_ 4 KIN 455 Sports Medicine (KIN 303/303L)
- \_\_\_ 3 KIN 456 Exercise Metabolism and Weight Control (KIN 303/303L; FN 235 or FN 305)
- \_\_\_ 1 KIN 458 Exercise Physiology Fieldwork (KIN303/303L)
- \_\_\_ 2 KIN 458A Exercise Physiology Fieldwork Activity (KIN 303/303L)
- \_\_\_ 3 KIN 459 Health Fitness Instructor (KIN 303/303L)
- \_\_\_ 4 IBM 301 Principles of Marketing Management

**HEALTH PROMOTION OPTION COURSES**

- \_\_\_ 2 KIN 205 First Aid
- \_\_\_ 1 KIN 205A First Aid Activity
- \_\_\_ 4 KIN 207 Personal Health
- \_\_\_ 4 KIN 380 Consumer Health
- \_\_\_ 4 KIN 408 Drug Education
- \_\_\_ 2 KIN 479 Health Program Needs Assessment
- \_\_\_ 2 KIN 479A Health Program Needs Assessment Activity
- \_\_\_ 3 KIN 480 Health Program Planning & Evaluation (KIN 207)
- \_\_\_ 1 KIN 480A Health Program Planning & Evaluation Activity (KIN 207)
- \_\_\_ 2 KIN 461 Senior Project (Senior Standing)
- \_\_\_ 2 KIN 462 Senior Project (Senior Standing)
- \_\_\_ 4 FN 305 Nutrition, Science, and Health
- \_\_\_ 4 PSY 210 Mind, Brain, and Behavior
- \_\_\_ 4 PSY 326 Health Psychology
- \_\_\_ 2 ZOO 234 Human Anatomy (BIO 115/115L)
- \_\_\_ 2 ZOO 234L Human Anatomy Lab (BIO 115/115L)
- \_\_\_ 3 ZOO 235 Human Physiology (BIO 115/115L)
- \_\_\_ 1 ZOO 235L Human Physiology Lab (BIO 115/115L)

**WORKSITE HEALTH PROMOTION TRACK COURSES**

- \_\_\_ 3 KIN 304 Intro. to Biomechanics (STA 120; ZOO 234/L)
- \_\_\_ 1 KIN 304L Intro. to Biomechanics Lab (STA 120; ZOO 234/L)
- \_\_\_ 3 KIN 403 Physiology of Exercise II (KIN 303/303L)
- \_\_\_ 1 KIN 403L Physiology of Exercise II Lab (KIN 303/303L)

**Select 16 units from the following**

- \_\_\_ 4 ACC 207 Financial Accounting for Decision Making
- \_\_\_ 1 ACC 207A Financial Accounting for Decision Making Activity
- \_\_\_ 4 BIO 300 Genetics and Human Issues (BIO 110 or BIO 115/L)
- \_\_\_ 4 EWS140 Introduction to Ethnic Studies
- \_\_\_ 4 IBM 302 Marketing Strategy (IBM 301)
- \_\_\_ 4 IBM 307 Integrated Marketing Communication (IBM 301)
- \_\_\_ 4 IBM 316 Marketing of Services (IBM 301)
- \_\_\_ 4 IBM 408 Marketing Research (IBM 320 and TOM 302)
- \_\_\_ 4 IBM 410 Marketing for Small Business Organizations (IBM 301)
- \_\_\_ 4 IBM 433 Evaluating Advertising Effectiveness (IBM 307; IBM 411)
- \_\_\_ 4 PSY 314 Human Relations (PSY 201 or 202)
- \_\_\_ 4 PSY 334 Cognitive Processes (PSY 201 or 202)
- \_\_\_ 4 PSY 340 Educational Psychology (PSY 201 or 202)
- \_\_\_ 4 PSY 401 Social Psychology (PSY 202 and BHS 204)
- \_\_\_ 4 PSY 402 Theories of Learning (PSY 201 or 202;)
- \_\_\_ 4 PSY 417 Basic Counseling Skills (PSY 201 or 202)
- \_\_\_ 4 SOC 301 Contemporary Social Problems
- \_\_\_ 4 SOC 402 Socialization: Self and Society (SOC 201 and SOC 202)

**Prerequisite courses are shown in parentheses**

**SEE BACK OF PAGE FOR GENERAL EDUCATION REQUIREMENTS**

## GENERAL EDUCATION REQUIREMENTS

### Area A Communication and Critical Thinking-12 units

- \_\_\_(1) 4 \_\_\_ Oral Communication  
\_\_\_(2) 4 ENG 104 Written Communication  
\_\_\_(3) 4 \_\_\_ Critical Thinking

### Area B Math and Natural Sciences-17 units (Select one lab course from sub-area 2)

- \_\_\_(1) 4 \_\_\_ Physical Science  
\_\_\_(2) 3 BIO 115 Basic Biology  
\_\_\_(3) 2 BIO 115L Basic Biology Lab  
\_\_\_(4) 4 STA 120 Statistics with Applications  
\_\_\_(5) 4 KIN 370 Science and Technology  
Synthesis

### Area C Humanities-16 units One course from each area

- \_\_\_(1) 4 \_\_\_ Fine/Performing Arts  
\_\_\_(2) 4 \_\_\_ Philosophy and Civilization  
\_\_\_(3) 4 \_\_\_ Literature and Foreign  
Language  
\_\_\_(4) 4 \_\_\_ Humanities Synthesis

### Area D Social Sciences-20 units Two courses in sub-area 1, and at least one course from each of sub-areas 2, 3, and 4.

- \_\_\_(1a)4 PLS 201 U.S. History, Constitution,  
American Ideals  
\_\_\_(1b)4 HST 202 U.S. History, Constitution,  
American Ideals  
\_\_\_(2) 4 \_\_\_ History, Economics, and  
Political Science  
\_\_\_(3) 4 \_\_\_ Sociology, Anthropology,  
Ethnic, and Gender Studies  
\_\_\_(4) 4 \_\_\_ Social Science Synthesis

### Area E Lifelong Understanding and Self- Development 4 units

- \_\_\_ 4 \_\_\_ Lifelong Understanding and  
Self-Development

### SUMMARY

Common Core	16
Health Promotion Option	47
Worksite Track	32
Select	16
General Education	<u>69</u>
<b>TOTAL</b>	<b>180</b>