

DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION
2009-2010 CURRICULUM - KINESIOLOGY

HEALTH PROMOTION OPTION: HEALTH EDUCATION TRACK

COMMON CORE COURSES IN MAJOR

- ___ 1 KIN 201 Professions in Kines & Health Promotion
- ___ 3 KIN 209 Critical Perspectives in Kinesiology
- ___ 3 KIN 303 Physiology of Exercise (ZOO 235/235L)
- ___ 1 KIN 303L Physiology of Exercise Lab (ZOO 235/235L)
- ___ 3 KIN 312 Life Span Motor Development
- ___ 1 KIN 312A Life Span Motor Develop Activity
- ___ 3 KIN 425 Tests and Measurements in PE (STA 120)
- ___ 1 KIN 425A Tests and Measurements in PE Activity (STA 120)

HEALTH PROMOTION OPTION COURSES

- ___ 2 KIN 205 First Aid
- ___ 1 KIN 205A First Aid Activity
- ___ 4 KIN 207 Personal Health
- ___ 4 KIN 380 Consumer Health
- ___ 4 KIN 408 Drug Education
- ___ 2 KIN 479 Health Program Needs Assessment
- ___ 2 KIN 479A Health Program Needs Assessment Activity
- ___ 3 KIN 480 Health Program Planning & Evaluation (KIN 207)
- ___ 1 KIN 480A Health Program Planning & Evaluation Activity (KIN 207)
- ___ 2 KIN 461 Senior Project (Senior Standing)
- ___ 2 KIN 462 Senior Project (Senior Standing)
- ___ 4 FN 305 Nutrition, Science, and Health
- ___ 4 PSY 210 Mind, Brain, and Behavior
- ___ 4 PSY 326 Health Psychology
- ___ 2 ZOO 234 Human Anatomy (BIO 115/115L)
- ___ 2 ZOO 234L Human Anatomy Lab (BIO 115/115L)
- ___ 3 ZOO 235 Human Physiology (BIO 115/115L)
- ___ 1 ZOO 235L Human Physiology Lab (BIO 115/115L)

HEALTH EDUCATION TRACK COURSES

- ___ 3 KIN 304 Introduction to Biomechanics (STA 120; ZOO 234/234L)
- ___ 1 KIN 304L Introduction to Biomechanics Lab (STA 120; ZOO 234/234L)
- ___ 3 KIN 441 School Health Education
- ___ 4 BIO 301 Human Sexuality (BIO 110 or BIO 115/115L or BIO 121/121L)
- ___ 4 BIO 302 Biology of Cancer (BIO 110 or BIO 115/115L or BIO 121/121L)

- ___ 4 BIO 311 Sexually Transmitted Diseases: Current Issues (BIO 110 or BIO 115/L or BIO 121/L)
- ___ 2 FN 345 Nutrition Education (FN 121/121L; FN 305 or FN 235; FN 328/328L; PSY 201)
- ___ 1 FN 345L Nutrition Education Lab (FN 121/121L; FN 305 or FN 235; FN 328/328L; PSY 201)
- ___ 3 MIC 201 Basic Microbiology (BIO 110 or BIO 115/115L or BIO 121/121L, BIO 122/122L, BIO 123/123L; CHM 121/121L or CHM 103/103A)
- ___ 2 MIC 201L Basic Microbiology Lab (BIO 110 or BIO 115/115L or BIO 121/121L, BIO 122/122L, BIO 123/123L; CHM 121/121L or CHM 103/103A)
- ___ 4 MIC 330 General Epidemiology (MIC 201/201L; BIO 211/211L)
- ___ 4 PSY 425 Community Psychology
- ___ 4 SW 322 Family Violence
- ___ 4 EWS 280 Community Service Learning

Select 4 units from the following

- ___ 4 ACC 207 Financial Accounting for Decision Making
- ___ 1 ACC 207A Financial Accounting for Decision Making Activity
- ___ 4 BIO 300 Genetics and Human Issues (BIO 110 or BIO 115/115L)
- ___ 4 EWS 140 Introduction to Ethnic Studies
- ___ 4 FN 335 Nutrition of the Life Cycle (FN 235 or FN 305; ZOO 235/235L)
- ___ 3 KIN 456 Exercise Metabolism and Weight Control (KIN 303/303L; FN 235 or FN 305)
- ___ 4 PSY 314 Human Relations (PSY 201 or 202)
- ___ 4 PSY 334 Cognitive Processes (PSY 201 or 202)
- ___ 4 PSY 340 Educational Psychology (PSY 201 or 202)
- ___ 4 PSY 401 Social Psychology (PSY 202 and BHS 204)
- ___ 4 PSY 402 Theories of Learning (PSY 201 or 202)
- ___ 4 PSY 417 Basic Counseling Skills (PSY 201 or 202)
- ___ 4 SOC 301 Contemporary Social Problems
- ___ 4 SOC 402 Socialization: Self and Society (SOC 201 and SOC 202)
- ___ 4 SW 470 Death and Dying

Prerequisite courses are shown in parentheses

SEE BACK OF PAGE FOR GENERAL EDUCATION REQUIREMENTS

GENERAL EDUCATION REQUIREMENTS

Area A Communication and Critical Thinking-12 units

___(2) 4 ___ Oral Communication
___(1) 4 ENG 104 Written Communication
___(3) 4 ___ Critical Thinking

Area B Math and Natural Sciences-17 units (Select one lab course from sub-area 2)

___(1) 4 ___ Physical Science
___(2) 3 BIO 115 Basic Biology
___(3) 2 BIO 115L Basic Biology Lab
___(4) 4 STA 120 Statistics with Applications
___(5) 4 KIN 370 Science and Technology
Synthesis

Area C Humanities-16 units One course from each area

___(1) 4 ___ Fine/Performing Arts
___(2) 4 ___ Philosophy and Civilization
___(3) 4 ___ Literature and Foreign
Language
___(4) 4 ___ Humanities Synthesis

Area D Social Sciences-20 units Two courses in sub-area 1, and at least one course from each of sub-areas 2, 3, and 4.

___(1a)4 PLS 201 U.S. History, Constitution,
American Ideals
___(1b)4 HST 202 U.S. History, Constitution,
American Ideals
___(2) 4 ___ History, Economics, and
Political Science
___(3) 4 ___ Sociology, Anthropology,
Ethnic, and Gender Studies
___(4) 4 ___ Social Science Synthesis

Area E Lifelong Understanding and Self- Development- 4 units

___ 4 ___ Lifelong Understanding and
Self-Development

SUMMARY

Common Core	16
Health Promotion Option	47
Health Education Track	44
Select	4
General Education	<u>69</u>
TOTAL	180